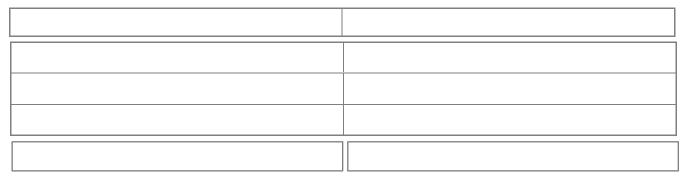# UC Davis MD PHD Individual Development Plan

## I. STUDENT INFORMATION

Name: 

Current Class Year: 

MD PHD Faculty Advisor: 

Graduate Group (if applicable):
Graduate Research Mentor (if applicable): 

## II. STUDENT PROGRESS:
Please update the following information annually. The purpose of this section is to track your progress through the MD PHD each year and identify benchmarks for the coming year. As you move through the program, you will continue adding to this information. For each applicable item, indicate what you have completed and identify what progress you intend to make this coming year.

**Academic Progress** (note – only some portions may be applicable to you)
- **Laboratory Rotations** – List completed research rotations (mentor, dates, two-sentence project description). If none, identify potential rotations.

- **Graduate Courses** – List graduate courses completed. Provide a timeline for fulfilling coursework requirements.

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- **Qualifying Exam** – List the date and outcome of your graduate group qualifying exam.

- **Thesis Research** – List the anticipated submission and defense date (month/date) for your thesis research proposal. If completed, state the outcome.

- **Awards, Honors and Achievement** – List any awards or honors received and/or other academic achievements.

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**Research Progress**
- **Research Projects** – Identify your current research interests or list the aims of your research project. List each project separately by number. Note any changes from previous years and identify progress made over the past year and goals for the coming year.

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- **Fellowships/Funding** – List any grants or fellowships received. List any grants or funding applications you plan to submit this coming year.

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- **Research Expertise/Skills** – List major research accomplishments, techniques, or expertise acquired in the past year (bench work, scientific writing, oral presentation, etc.). Identify any techniques or skills you plan to develop in the coming year.

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- **Publications/Presentations** – List references for publications submitted or published and abstracts presented (oral or poster) at meetings or retreats this year (underline your name in the author list).

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- **Responsible Conduct in Research (RCR)** – Briefly describe any RCR-related training you have received and one or two RCR-related conversations you have had with your mentor, thesis committee, or other faculty members or colleagues. List any RCR training planned for the coming year.

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## II. INDIVIDUAL DEVELOPMENT PLAN (Self-Assessment)

- What specific challenges did you face this year and how did they affect your progress?

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- Are you satisfied with your progress this year and the mentoring you have received? What would you have done differently? What could be improved this coming year?

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- Identify **at least two of your strengths** and **at least two opportunities for improvement** in each of the following areas. Include specific plans for addressing those improvements in the coming year. Please summarize progress on goals made in each area from the preceding year.
    - o Academic (e.g., study habits, time management, clinical skills, team work)

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    - o Research (e.g., grant writing, familiarity with literature, oral and written communication, experimental/study design)

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    - o Career (e.g., leadership, mentoring, teaching, networking)

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- How can the following groups or individuals help you address any challenges and achieve your goals this coming year?
  - o MD PHD (leadership team, college advisors, programming)

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  - o Research mentor

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  - o Thesis committee

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_____        _____
Student                                          Date


_____        _____        _____        _____
MD PHD Faculty Advisor                           Date              MD PHD Director                            Date


_____        _____
Research Mentor                                  Date